

Your practice is invited to join the 2020 Asthma and COPD Learning Collaborative

*A collaborative project organized by
OneCare Vermont, the Vermont Department of Health (VDH), the Vermont Blueprint for Health, Support and Services at Home (SASH),
Blue Cross and Blue Shield of Vermont (BCBSVT) and Bi-State Primary Care Association*

To register your practice, please complete the registration form by Friday, February 28th

https://www.surveymonkey.com/r/LC_AsthmaCOPD_2020

Asthma and chronic obstructive pulmonary disease (COPD) impact the lives of Vermonters in profound ways. Sixteen percent of adult Vermonters are diagnosed with the lung diseases asthma (12%) and chronic obstructive pulmonary disease (COPD, 6%) ([VDH, 2019](#)). Poorly managed asthma results in decreased quality of life, missed days of work and school, and preventable emergency room visits and hospital stays. If asthma is untreated it can cause permanent lung damage and increase risk of developing COPD.

Improving the health of patients with asthma and COPD is a stated priority across the Vermont healthcare landscape. The Asthma and COPD Learning Collaborative will take the state-wide focus on lung diseases and translate it to tangible, practical strategies for working with patients and their families to prevent and manage asthma and COPD.

New for 2020, the Asthma and COPD Learning Collaborative will take place on Vermont Health Learn (VTHL), reducing your practice's need to travel and take time away from the office. Vermont Health Learn delivers education and virtual events to support the health and well-being of all Vermonters using a statewide e-learning platform. **To try VTHL today**, register for the stand-alone "[Asthma and COPD Best Practices](#)" course; a virtual presentation of a one-day conference held in September 2019.



By participating in the 9-month (March-Nov. 2020) Asthma and COPD Learning Collaborative, you and your team will:

- Interact with subject matter experts in virtual classrooms.
- Engage in peer-to-peer learning with other practices from across Vermont.
- Develop or change practice workflows to meet quality improvement goals set by your practice team.

The Learning Collaborative will provide you and your team with:

- Expert faculty and facilitators to improve identification of and outcomes for patients with asthma and COPD.
- Learn and practice quality improvement (QI) approaches to aid you in implementing the strategies of the Learning Collaborative.
- QI Coaches provided by Learning Collaborative sponsors who will support you in assessing your current practice, identifying opportunities for process changes and evaluating the impact of these changes.

Learning Collaborative participants will:

- Form a multi-disciplinary practice team to engage in quality improvement activities.
- Share progress during the collaborative and results as a poster at the November closing.
- Regularly engage with Learning Collaborative QI Coaches to establish or improve workflows and processes.
- Track and report on the core performance measure: "**Tobacco screening and cessation**". Practices will have the opportunity to choose additional asthma and COPD process measures for tracking.

Asthma and COPD Learning Collaborative

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Important Dates

Kick off call:

- Friday, March 6th from 12 to 1pm
- Note: If any member of your team that cannot attend, the kick-off call will be recorded for subsequent review.

Timeline and topics of the Learning Collaborative (dates being added frequently)

| Date | Topics | Format |
|--|--|---|
| Pre-Learning Collaborative on-demand content | Orientation to Vermont Health Learn (VTHL) and Best Practices <ul style="list-style-type: none"> - Rationale for COPD/Asthma - Proper inhaler use demonstration - Tobacco exposure and cessation - Quality improvement project case presentation | Online through VTHL |
| March | Start of Learning Collaborative: <ul style="list-style-type: none"> - March 6th at 12pm: Learning Collaborative Kick-off Call - March 23rd at 12pm: Tobacco Screening & Cessation - On-demand resources for the: "Tobacco Screening and Cessation" quality measure | Two webinars: <ul style="list-style-type: none"> - Kick-off - Lunch and Learn |
| April | Medication management: <ul style="list-style-type: none"> - April 16th at 12pm: Case Studies Asthma and COPD Medication - Teams submit baseline data | One webinar: <ul style="list-style-type: none"> - Lunch and Learn |
| May | Environmental Triggers and Second Hand Smoke Exposure: <ul style="list-style-type: none"> - May 11th at 12pm: Environmental Triggers - Quality improvement check in call | Two webinars: <ul style="list-style-type: none"> - Lunch and Learn - QI call |
| June | Asthma Action Plans: <ul style="list-style-type: none"> - Lunch and Learn presentation | One webinar: <ul style="list-style-type: none"> - Lunch and Learn |
| July | Intensive Self-management: <ul style="list-style-type: none"> - Lunch and Learn presentation - Teams submit data from April through June - Quality improvement check in call | Two webinars: <ul style="list-style-type: none"> - Lunch and Learn - QI call |
| August | Specialist care: <ul style="list-style-type: none"> - Two Lunch and Learn presentations <ul style="list-style-type: none"> o Allergy testing o Pulmonary Rehab | Two webinars: <ul style="list-style-type: none"> - Lunch and Learns |
| September | Advanced care: <ul style="list-style-type: none"> - Lunch and Learn presentation | One webinar: <ul style="list-style-type: none"> - Lunch and Learn |
| October | Time to work on final posters: <ul style="list-style-type: none"> - Quality improvement check in call | One webinar: <ul style="list-style-type: none"> - QI call |
| November | Closing ceremonies: <ul style="list-style-type: none"> - Posters, celebration and networking | In-person Location: TBD |
| June 2021 | 6 month post-Learning Collaborative check-in | One webinar: <ul style="list-style-type: none"> - QI call |

Note: Topics are subject to change.