



OneCare Vermont

Improving Health care for Vermonters

What does OneCare do?

1. Improves Health Care for Vermonters

Health care providers in OneCare coordinate across organizations and share resources and data. They focus on connecting patients to primary care, coordinating care for patients, and managing chronic illness. The goal is to help Vermonters become healthier — not just care for them when they are sick.

2. Supports Patient Health Care Choices

You, your doctor, and your insurance company work together to ensure you receive the health care you need. Your health benefits and coverage stay the same, and OneCare does not limit health care providers or number of visits.

3. Works to Stabilize Health Care Costs

Health care costs are too high. Vermont is leading an effort to change the way health care is paid for or incentivized: value over volume. OneCare works with insurance companies to reward providers for wellness, not illness. Instead of paying for each test and procedure, OneCare pays doctors a flat amount to care for patients. Over time, these changes should lower health care costs for Vermont.

4. Uses Data to Improve Health

OneCare gives doctors data, resources, and tools to improve patient health. By sharing information and working together, providers can do even more to give the best care to Vermonters.

OneCare is a community of providers.

OneCare is led by health care providers.

Hospitals, doctors, health partners, social service partners, and other providers collaborate together for better health outcomes. OneCare partners with these providers, and then providers care for patients directly. Providers choose to work in independent practices or in hospitals, and those organizations choose to work with OneCare. By being part of OneCare, providers can:

- Create a consistent patient experience through high-quality care across settings
- Invest in population health
- See how health outcomes are changing in their community
- Work together to be accountable for cost and quality of care
- Get incentives for better health outcomes
- Benefit from stable payments to care for patients, especially during uncertain times
- Receive health education
- Share data, resources, and best practices
- Reduce administrative burden

To see the current list of participants (doctors, hospitals, etc.) please visit: www.onecarevt.org/participants.





How do Vermonters benefit?

OneCare helps identify Vermonters whose health may be at risk. Providers can reach out to people who could benefit from care coordination. Providers work together to help patients find resources and services that support their health goals.

Here's a real example of how this works: TOM'S STORY.

- Tom is a Vermonter with complex, chronic medical needs. Tom was visiting the emergency room a lot for health needs that could have been managed through coordinated care.
- OneCare data analysis identified Tom as a high risk individual and shared this information with his health care providers. They asked Tom if he would like some additional support to help him manage his care. Tom agreed, and now his care coordination team includes a primary care doctor, a cardiologist, a counselor, and a social worker.
- The team reached out to Tom to set health goals and create a plan to help meet his needs. Care coordination makes sure all Tom's providers are talking to each other and looking at many things that impact Tom's health like housing, transportation, and access to healthy food. This cuts down on duplication of expensive tests and connects Tom with important services in his community.
- Tom's care team used OneCare's nationally recognized care coordination model. OneCare provides training for care teams throughout the state and tools to help providers talk to each other about Tom's health goals.

Tom's Results after One Year of Care Coordination

EMERGENCY DEPARTMENT VISITS DECREASED
from **six** to **zero**



PRIMARY CARE PHYSICIAN VISITS INCREASED
from **zero** to **five**



HEALTH CARE COSTS DECREASED
by **60%** from **\$63K** to **\$25K**



How does OneCare affect me?

1. CONNECTION WITH YOUR DOCTOR

OneCare works with your provider to help you stay healthy, avoid trips to the emergency room, and in some cases, supports your health goals with a care coordination team. Your doctor also focuses on wellness and check-ups to improve your health and to help prevent you from becoming ill.

2. HEALTH IN YOUR COMMUNITY

Our prevention programs, such as RiseVT, partner with your community to make the healthy choice the easy choice, by working on issues like affordable housing, walkable towns, and access to healthy food.