



CONTROLLING HIGH BLOOD PRESSURE

Incentive Program:	Population Health Model
Measure Steward:	HEDIS MY2024
Measure Domain:	Reduce Prevalence of Chronic Disease
Alternative Measure Ref:	HEDIS CBP

MEASURE SPECIFICATIONS

DESCRIPTION:

Percentage of members 18 - 85 years of age who had a diagnosis of hypertension (HTN) and whose blood pressure (BP) was adequately controlled (< 140/90 mmHg) during the measurement year.

DENOMINATOR: (ELIGIBLE POPULATION):

Age parameters: 18-85 years of age as of end of measurement year.

Denominator Exclusions:

1. Members with a diagnosis that indicates end-stage renal disease any time during the member's history on or prior to the end of measurement year. *(Do not include laboratory claims with POS 81)*
2. Members with a procedure that indicates ESRD; dialysis, nephrectomy, or kidney transplant any time during the member's history on or prior to the end of measurement year.
3. Members with a diagnosis of pregnancy any time during the measurement year. *(Do not include laboratory claims with POS 81)*
4. Members who use hospice services or elect to use a hospice benefit any time during the measurement year.
5. Members who die any time during the measurement year.
6. Members receiving palliative care any time during the measurement year.
7. Members who had an encounter for palliative care any time during the measurement year. *(Do not include laboratory claims with POS code 81)*
8. Medicare members 66 years of age or older at end of measurement year enrolled in Institutional SNP or living longer term in an institution any time during measurement year.
9. Members 66-80 years of age at end of measurement year with frailty **AND** advanced illness. *(Must meet both to be excluded)*
10. Members 81 years of age and older at the end of the measurement year with at least two indications of frailty on different dates of service.

Denominator Exceptions: None

NUMERATOR:

Identify the most recent BP reading taken during the measurement year and is adequately controlled (<140/90 mmHg) during the measurement year.



GUIDANCE

Event/Diagnosis:

1. Members with at least two outpatient and/or telephone visits, e-visits or virtual check-ins occurring on different dates with a diagnosis of hypertension one year prior to the measurement year or within the first six months of the measurement year.
2. Exclude members with a non-acute inpatient admission during the measurement year.

Patient is **denominator** compliant if:

3. Confirmation of documented diagnosis of hypertension one year prior to the measurement year or within the first six months of the measurement year.

Exclusion intent:

- a. Meet any of the required exclusions as outlined above during the measurement year or year prior to the measurement year

Patient is **numerator** compliant if:

- b. Patient's most recent blood pressure is adequately controlled during the measurement year **AND**
- c. Systolic reading is <140 mmHg and diastolic reading is <90 mm HG
- d. The member is not compliant if the BP is equal to or >140/90 mmHg, no BP reading during the measurement year or if the reading is incomplete.
- e. If multiple blood pressure readings are noted on the same day, use the lowest systolic and the lowest diastolic reading as the most recent blood pressure reading for the patient.
- f. Only blood pressure readings performed by a clinician or a remote monitoring device are acceptable (numerator compliance)
- g. A distinct numeric result for both the systolic and diastolic BP reading is required for numerator compliance.

ADDITIONAL INFORMATION:

Do not include BP readings:

1. Taken during an acute inpatient stay or an ED visit
2. Taken on the same day as a diagnostic test
3. Diagnostic or therapeutic procedure that requires a change in diet or change in medication on or one day before the day of the test or procedure, except for fasting blood tests.
 - a. A colonoscopy, dialysis, infusions, chemotherapy, nebulizer treatment
4. Taken by the patient using a non-digital device such as with a manual blood pressure cuff and a stethoscope.

Include BP readings:

1. Taken on the same day as a common low-intensity or preventive procedure. (*I.e., Vaccines, Injections (allergy, steroid, Depo-Provera, lidocaine, testosterone), TB test, IUD insertion, eye exam with dilating agent and wart or mole removal*).



2. BP readings taken by the member and documented in the member's medical record are eligible for use in reporting.

Notes: (1) If no blood pressure is documented during the measurement period, the patient's blood pressure is assumed "not controlled". (2) Ranges and thresholds do not meet criteria for this measure.

Adequate Control: Both a representative systolic BP <140 mm Hg and a representative diastolic BP of <90 mm Hg.

Representative BP: the most recent BP reading during the measurement year on or after the second diagnosis of hypertension. IF multiple BP measurements occur on the same date, or are noted in the chart on the same date, use the lowest systolic and lowest diastolic BP reading.